

Karma part 3

Last week we started looking at the meaning of Karma

We started by

Definition of Karma -

Actions and effects

The underlying principles of karma

- mind does not end with the body
- Actions leave potential in the mind - carried within our mind until conditions meet to ripen the potential
- The three kind of actions/potentials/experiences
- Our life is result of previous action(karma) (Designed by previous practitioner)
- Karma as causality - why is this happening to me
- Intention is at the heart of any action

Why is this happening to me

Indicating that we are looking for a cause - something prior to our present experience which can explain our present experience.

This idea is causality - by recognizing how a child asks - why?? we can appreciate how natural and ingrained into our way of thinking the belief that from this comes that. If this is happening something has had to happen before.

ideas about causality

Brief presentation of ideas - production from self other both and non

Introduction to virtue and non-virtue

In simple terms - all Buddhists assert production from other. That is to say - Buddhist understand that for something to take place now - something else must have happened sometime before.

We then ask what is the main cause of peace of mind? And we explain this to be virtue.

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